

Offers & Prices

valid from 01.12.2019

Caracalla Spa

Euros / person

Bathing area

1.5 hours	15,-
2 hours	16,-
3 hours	19,-
Day ticket	23,-
Charge for each extra 10 mins	0,70

Bathing & sauna area

1.5 hours	19,-
2 hours	20,-
3 hours	23,-
Day ticket	27,-
Charge for each extra 10 mins.	0,70

Rental item: bathing towel (€ 15,- deposit) 6,-

Sauna Evening: every Monday from 5.00 pm

Early Bird!*: Enter the Caracalla Spa on Thursday between 8 am and 10 am and get your free extra hour of relaxation.

Happy Time!*: Relax every Tuesday from 7 pm until 10 pm in the Caracalla Spa and pay for 1.5 hours only.

* (Except bank holidays and Christmas holiday season.)



VIP-Chip: your special bathing bonus

Save up to 22% on admission fees (see list on the right) with your own VIP-Chip bracelet. Use the special VIP entrance without having to queue and park on our premises for the first 3 hours for free.

The VIP-Chip bracelet is transferable.

Top-up amounts*	Caracalla Spa	Friedrichsbad
100 Euros	13 %	18 %
200 Euros	15 %	20 %
500 Euros	17 %	22 %

*excl. € 5,- deposit (reimbursed on return)

Friedrichsbad

Euros / person

Roman-Irish bathing

17 stations incl. soap & brush massage	39,-*
17 stations incl. soap & brush massage and skin care service	51,-
17 stations incl. soap & brush massage, skin care service and meal offer (1 meal and 1 drink) in the ThermenRestaurant	61,-

>> Included in the service: bathing shoes and towels for use inside the spa as well as aromatic tea in the reading room.

*On request: Roman-Irish bathing without soap & brush massage 27,- Euros.



ArenaVita Premium Fitness

Euros/person

Membership fees (monthly, depending on contract)

ClassicCard (daily 8 am to 10 pm) from 80,-
including entry to the Caracalla Spa (Bathing & sauna area, 1 x per week, 3 hours)

TopVital System

Your individual trainer-supported fitness programme (linked to the ArenaVita membership)

Coaching package for 1st year one-off 139,-

Coaching package thereafter yearly 69,-

Single admission

ArenaVita 22,-

ArenaVita and entry to the Caracalla Spa (Bathing & sauna area, 3 hours) 41,-

10-Visit Pass

ArenaVita 199,-

ArenaVita and entry to the Caracalla Spa (Bathing & sauna area, 3 hours) 319,-

Personal training on request



Our wellness offers

Enjoy together

	Euros
TWIN-Massage (25 mins / 50 mins) Double enjoyment	68,- / 130,-
Luxury bath (30 mins) Relaxed bathing in the twin bathtubs, including welcome drink	35,-
Deluxe luxury bath (120 mins) Relaxed bathing in the twin bathtubs, including welcome drink with a choice of body peelings and a head-to-toe massage	195,-
Emperors' bath (90 mins) Relaxed bathing akin to the time of the German emperors, including sparkling wine and mineral water	75,-
Princes' bath (135 mins) Body peeling, bathing in the beautiful Princes' bath, head-to-toe massage	195,-
Harmony (160 mins) Body peeling, bathing in the exclusive Emperors' bath, and head-to-toe massage	225,-
Honeymoon (165 mins) body peeling, bathing in the exclusive Emperors' bath, aroma massage	270,-
DaySPA (240 mins) Body peeling of your choice, head-to-toe massage, foot reflexology, body pack, breaks taken in the DaySpa with a private pool, fresh fruits and drinks	365,-

Massages & Peelings

	Euros
Classic Massages	
Classic back massage (25 mins)	34,-
Classic full body massage (50 mins)	65,-
Spinal massage using the Dorn & Breuss method (70 mins)	90,-
Lymphatic drainage massage (50 mins)	65,-
Foot reflexology (25 mins)	34,-
Massages from Around the World	
Shiatsu	Activating pressure point massage (50 mins) 65,-
Facial Shiatsu	Activating pressure point massage (25 mins) 34,-
TuiNa	Chinese massage technique (50 mins) 65,-
Arabian Nights	Massage with hot herb compress bags (50 mins) 80,-
Lather massage Body	Massage with lovely warm lather (25 mins) 34,-
Symphony of aromas	Harmonising aroma oil massage (70 mins) 90,-
LaStone	Massage with hot and cold lava stones (70 mins) 95,-
Lomi-Lomi	Hawaiian temple massage (90 mins) 110,-
Lomi-Lomi 4-Hand	Conducted by 2 masseurs (90 mins) 200,-
Huna Mana	Polynesian muscle massage (50 mins) 70,-
Body Peelings	
Peeling - ideal preparation for a pack. For velvety-soft skin!	
Salt-Body Peeling (25 mins)	34,-
Sugar Peeling (25 mins)	34,-
Fruit Peeling (25 mins)	34,-
Green Tea Peeling (25 mins)	34,-

All prices in the category "Enjoy together" apply for two persons.

Our wellness offers

Body packs

Euros

Soft packs / Body packs (each one 25 mins)

Wrapped in nourishing ingredients and surrounded by fragrant aromas, savour the body pack while "floating" above the soft lounger.

Choose your favourite:

Evening primrose oil	for dry skin	34,-
Cocoa	for normal skin	34,-
Cleopatra	milk & honey, for normal skin	34,-
Green tea	harmonizing	34,-
Natural fango with thermal water	loosening & relaxing	34,-

Our specials

Euros

Bhahada intensive peeling (25 mins)	35,-
Body cleansing, peeling and care	
Time to Dream (50 mins)	65,-
Nurturing body pack, relaxing massage	
Velvet Skin (50 mins)	60,-
Body peeling and body pack	
Soul Detox (60 mins)	75,-
Unique brush massage	

Beauty & cosmetics

Euros

Facials

Enjoy high quality beauty concepts, tailored to the individual needs of your skin.

Beauty Classic (60 mins) for all skin types		65,-
Medic Skin (50 mins) for highly sensitive skin		70,-
Anti-Aging (90 mins) for all skin types		99,-
Special: Lotus & Science (90 mins) highly effective facial with extracts of lotus flower		90,-
Belle Visage (50 mins) Relaxing face massage with hot herbal compress bags		70,-
Beautiful Feet Wellness pedicure (50 mins) including footbath, filing and shaping of nails, removing hard skin and foot cream finish plus a relaxing foot massage		50,-
Luxury pedicure (90 mins) includes "wellness pedicure" plus peeling, pack and polish		70,-

We will happily advise you on your choice of treatment and will select the right one for you and your skin after an intensive skin diagnosis.

Tel. +49 (0) 7221 / 27 59-70. Treatments can be booked at www.shop-carasana.de.

Did you like our cosmetic products?

These are available in our Biodroga Shop (ground floor of the Caracalla Spa) or in the Friedrichsbad.



EVERY THURSDAY

EARLY

BIRD!

BETWEEN 8 AM AND 10 AM ...

... get
your free
extra hour of
relaxation.

Except bank holidays and Christmas holiday season. Not combinable with other promotions and discounts.

EVERY TUESDAY

HAPPY
TIME!

FROM 7 PM UNTIL 10 PM

15,-
Euros

Special rate Caracalla Spa (bathing area): **15,- Euros** (instead of 19,- Euro)

Special rate Caracalla Spa (bathing & sauna area): **19,- Euros** (instead of 23,- Euros)

Except bank holidays and Christmas holiday season. Not combinable with other promotions and discounts.

VIP-CHIP!

YOUR SPECIAL BATHING BONUS.

Up to
22 %
discount



Get your bonus on your visit!

Save up to 22% on admission fees with
your own VIP-chip bracelet.

The VIP-chip bracelet is transferable!

For more information see page 19.

Dear Visitors,

Your wellbeing is of particular importance to us. As a result, we would kindly ask you to take the following points into consideration:

- Please make a mental note of your locker number.
- Please help us maintain the excellent water quality by showering thoroughly before bathing.
- We recommend to wear anti-slip bathing shoes.
- Please do not reserve the loungers.
- Mobile phones and cameras are not allowed in the bathing area or the sauna complex.
- The consumption of food and beverages not purchased on our premises is not permitted.

General

- Persons accompanying severely disabled people (German disability code B) are granted free entry.
- Children of 7 years and over are allowed to use the Caracalla Spa. Children under 14 years of age have to be accompanied by an adult.
- Children of 14 years and over are allowed to use the Friedrichsbad.

Kinderparadies

Children of 18 months and over may be placed in the professional care of our Kinderparadies childcare facility located away from the bathing area. For ArenaVita members this service is included in the membership fee. For all other visitors to the Caracalla Spa, Friedrichsbad or CaraVitalis, this childcare service is available for a fee of 5 euros per child.

Roman bath ruins

The Roman bath ruins are open to the public from 16 March to 15 November. The admission fee for adults is 2.50 euros and for children (under 14) 1 euro. Groups and guided tours on request.

Gift vouchers

Personalised gift vouchers that you can print straight away can be found at our Online Shop at www.shop-carasana.de.

- The thermal water and high temperatures in the saunas may cause damage to jewellery and spectacles.
- Appointments are required for all treatments. Please book in advance. Appointments are binding agreements. Dates and times are fixed. Changes or cancellations may be made free of charge up to 24 hours before the treatment.
- The time taken for a treatment in the WellnessLounge in the Caracalla Spa will be credited to your bathing time.
- All given times for treatments may vary.
- Group rates are available on request.
- Admission closes: Caracalla Spa 1.5 hours before closing, Friedrichsbad 2 hours before closing.

Parking

Visitors to our facilities obtain a discount for the first two hours of parking: 0.50 euro/hour. For VIP customers and ArenaVita members the first three hours are free of charge when using our facilities. Discounts are registered automatically by the chip.

Opening hours

Caracalla Spa

Mon - Sun: 8.00 am - 10.00 pm

Friedrichsbad

Mon - Sun: 9.00 am - 10.00 pm

CaraVitalis

Information and booking

Mon - Sun: 9.00 am - 6.00 pm

Treatments

Mon - Sun: 9.00 am - 8.00 pm

ArenaVita

Mon - Sun: 8.00 am - 10.00 pm

Roman Bath Ruins

Mon - Sun: 11.00 am - 12.00 noon and 3.00 pm - 4.00 pm
closed from 16 November - 15 March

Caracalla Shop

Mon - Sun: 9.00 am - 8.30 pm

ThermenRestaurant

Mon - Sun: 9.00 am - 10.00 pm

Cooked meals:

11.00 am - 21.30 pm

Breakfast: 9.00 am - 11.00 am

Kinderparadies

Mon - Fri: 1.00 pm - 6.30 pm

Weekend / Public holidays:

9.00 am - 6.30 pm

Closed on 24/25 December.